

**IT'S TIME TO *VALUESELF* AND SEE WHAT YOU ARE CAPABLE OF DOING!**

*Join the Hernando County Parks & Recreation Department and the Hernando Health Experience for the Inaugural Set Your Record Day!*



Early  
**REGISTRATION DEADLINE**  
**January 15th, 2012**

Address: Tom Varn Park  
306 Darby Ln, Brooksville, FL 34601

**On Saturday, January 21, 2012 at 8am - Tom Varn Park,** Participants will come together to test their individual abilities and learn new ways to improve their strength, balance and endurance!

All ages are welcome to attend and each will receive a Performance Badge, Healthy Fitness Results & Motivation to ValueSelf.

*Appreciate your vehicle through life and see what your body can do!*

Early Registration \$10 for Participants 13 and up.  
Late Registration and the day of is \$20. (after January 15th, 2012)

Call for more info:  
**352-428-6368**

**Please mail registration with check payable to GIME Fitness**

Hernando Health Experience c/o GIME FITNESS  
3031 Landover Blvd. Spring Hill, FL 34608 • 352-428-6368

Name: \_\_\_\_\_

Address: \_\_\_\_\_

Email: \_\_\_\_\_

Phone: \_\_\_\_\_

Date of Birth: \_\_\_\_\_ Sex: M F

Sponsored by:



or you can register online at [www.hernandohealthexperience.com](http://www.hernandohealthexperience.com)